

For Persons Undergoing Treatment for Hidradenitis Suppurativa with Bimzelx[®]

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Introduction



Partnering with you in the treatment of hidradenitis suppurativa

Hidradenitis suppurativa is believed to occur when a person's pores are blocked for some reason, resulting in inflammation. In Japan, this condition has not been widely recognized and **is often mistaken for an infection, but it is actually a chronic skin disease accompanied by inflammation, not an infection**, with a key feature being its tendency to relapse and flare up repeatedly once it first appears.

When symptoms become aggravated, pain and foul-smelling pus appear at the area of inflammation.

The disease can affect all aspects of life both physically by interfering with your ability to do things the way you did before, e.g., impeding your work as a result of the pain or making you hesitant to leave the house due to the odor, and psychologically by making you feel depressed. As such, **it is very important to receive early and appropriate treatment.**

An appropriate diagnosis allows disease-appropriate treatment. One treatment for hidradenitis suppurativa is Bimzelx®. Please feel free to ask any questions or raise any concerns you may have regarding treatment. With the right treatment and emotional support, we can take positive steps together toward a better quality of life.

Symptoms of Hidradenitis Suppurativa

What are the symptoms of hidradenitis suppurativa?

Hidradenitis suppurativa is believed to occur when a person's pores are blocked for some reason, resulting in inflammation. If hidradenitis suppurativa is left untreated, pus will gradually build up under the skin. As it progresses, the sac around the hair (hair follicle) filled with pus bursts, causing pain and an unpleasant smell, with the surrounding tissue becoming inflamed in response, forming a maze-like tunnel (fistula) under the skin. If the symptoms worsen, the condition may become chronic and lead to scarring.

Normal

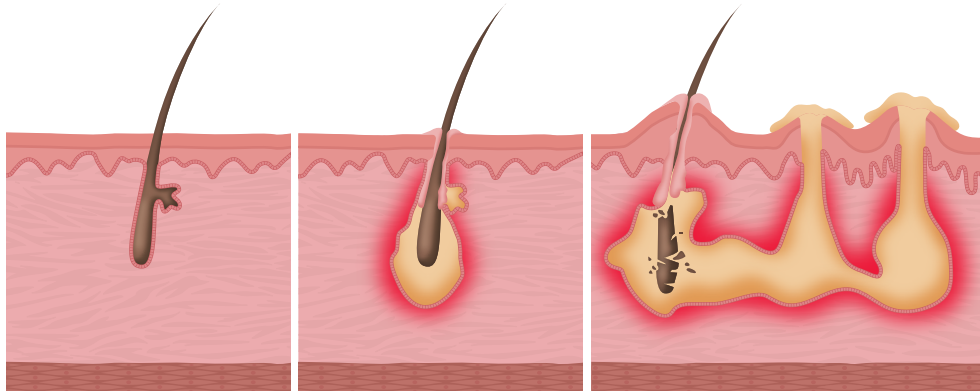
Hair follicle blockage with inflammation

After progression of symptoms, the hair follicle filled with pus bursts, forming a fistula

(Image diagram)

(Image diagram)

(Image diagram)



Features of Bimzelx®

About Bimzelx®

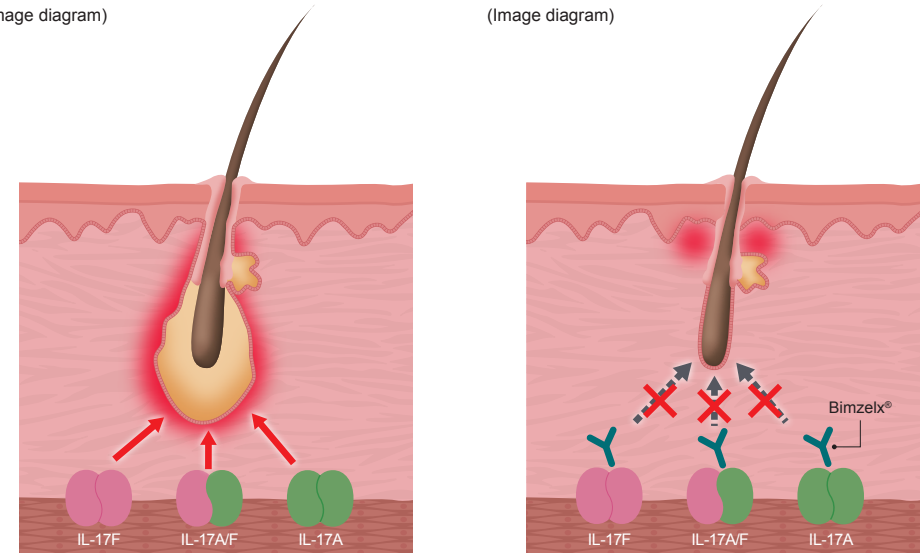
Bimzelx®—a drug that targets substances called IL-17A and IL-17F, which are cytokines* that cause the symptoms of hidradenitis suppurativa—prevents skin inflammation by binding to these cytokines and inhibiting their action, thereby improving the symptoms of hidradenitis suppurativa¹.

Inflammation caused by excessive action of proinflammatory cytokines IL-17A and IL-17F

One can expect to see improvement in the symptoms of hidradenitis suppurativa by preventing skin inflammation as a result of the action of Bimzelx®

(Image diagram)

(Image diagram)



* Cytokines are substances that are released inside the body so that immunity-related cells protect the body from foreign substances. However, when produced in large amounts due to an immune abnormality, they can cause various conditions such as hidradenitis suppurativa. Increased amounts of IL-17A and IL-17F cause inflammation of the skin, potentially leading to onset of hidradenitis suppurativa and aggravation of symptoms².

1) Based on the Bimzelx package leaflet, modified May 2025 (7th edition)

2) Navarro-Compán V, et al.: Front Immunol. 14: 1191782, 2023.

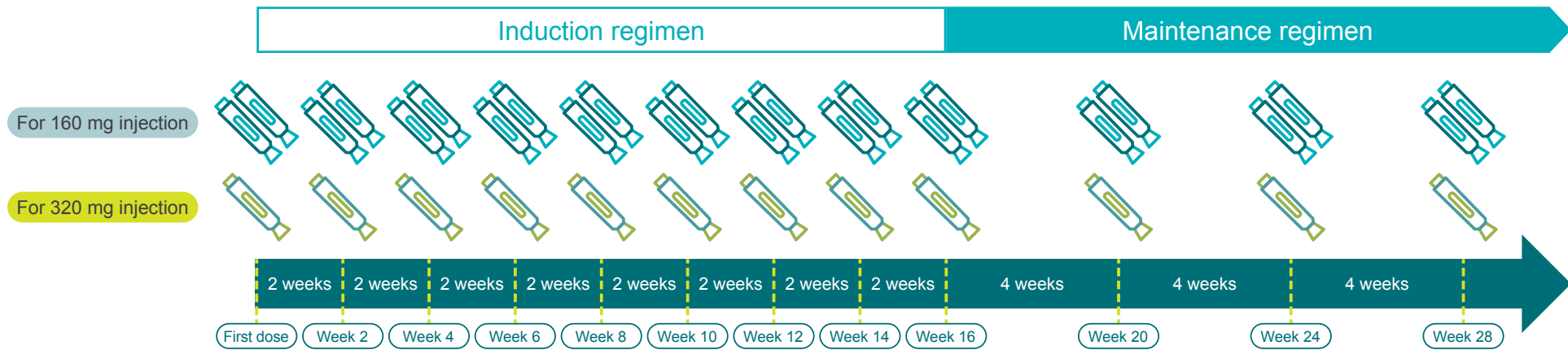
Conflict of Interest: Research funds for this paper were received from UCB Pharma.

Bimzelx[®] Dosing Regimen

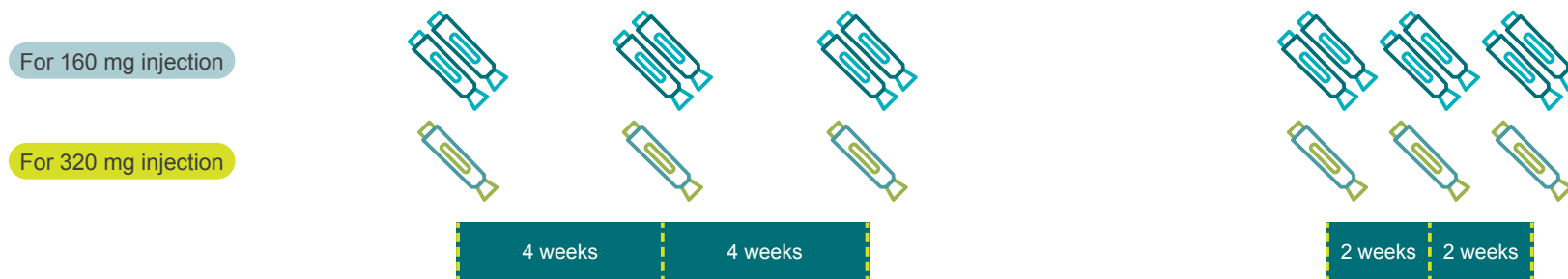
Normally, 320 mg (two 160 mg injections or one 320 mg injection) is subcutaneously administered every 2 weeks from the first dose through week 16, and every 4 weeks thereafter.



*The dosing interval may be adjusted to every 2 or 4 weeks as appropriate, depending on the condition of the patient.

• Normal regimen



The dosing interval may be adjusted to every 2 or 4 weeks as appropriate, depending on the condition of the patient.



 : Two 160 mg autoinjectors or 160 mg syringes
 : One 320 mg autoinjector

Based on the Bimzelx package leaflet, modified May 2025 (7th edition)

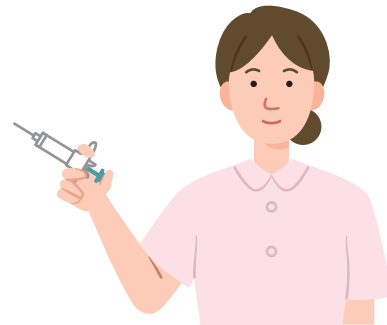
Bimzelx[®] Injection

Bimzelx[®] is an injectable treatment. Bimzelx[®] is self-injected* or may be administered at a medical institution.

Self-injection*



Injected at a medical institution



Please use this Guide Booklet for self-injection.

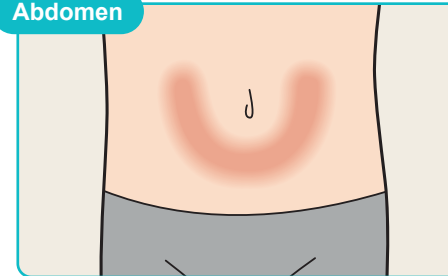


*Observe the decision by a physician regarding the availability of self-injection. For self-injection, it is necessary to receive training by healthcare professionals to ensure adequate understanding and a safe procedure.

Bimzelx[®] Injection Sites

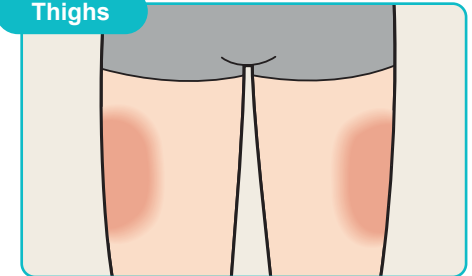
Recommended injection sites are the abdomen, thighs, and upper arms. If injection is performed by the patient, subcutaneously inject in the abdomen or thigh. If persons other than the patient perform the injection, the upper arm is also an option.

Abdomen

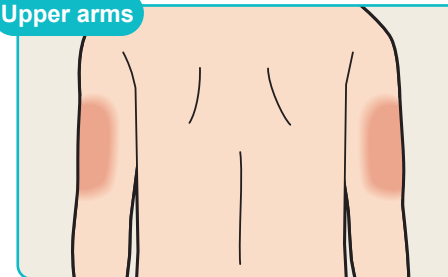


Avoid the area around the navel (about 5 cm).

Thighs



Upper arms



For injection by other persons
* Even if the injection is given by any person other than you, be sure to receive guidance on how to inject Bimzelx[®].

Precautions

- When two syringes are administered in one dose, the sites of the two injections should be at least 3 cm apart.
- Inject at a site different from the previous injection.
- Avoid a 5 cm area around the navel for injection in the abdomen.
- Avoid areas with dermal symptoms (such as redness, rash, peeling scales, bumps, and hardness), injury, or pain.
- If you are allergic to alcohol swabs, notify your doctor, nurse, or pharmacist.

Before Starting Treatment with Bimzelx[®]

Checkpoints before

If you have history of the following diseases, be sure to notify your doctor before starting treatment with Bimzelx[®].

Tuberculosis

(TB may become active.)

**Inflammatory bowel disease
(Including Crohn's disease and ulcerative colitis)**

(Inflammatory bowel disease may worsen.)

Please also notify your doctor if:

- **You have an infection or may be infected.**
(The infection may worsen.)
- **You are pregnant or may be pregnant.**
(Treatment with Bimzelx[®] is an option only if the therapeutic benefits outweigh the risks.)
- **You are lactating.**
(Continuation or discontinuation of lactation is determined by comparing the therapeutic benefits with the benefits of breast milk feeding.)
- **You have received administration of a biologic.**
(If possible, notify the name of the medicine used.)

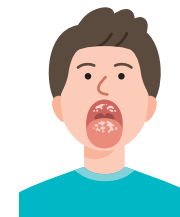
Before Starting Treatment with Bimzelx[®]

Most common adverse reactions with Bimzelx[®]

Most common adverse reactions with Bimzelx[®] reported in Japan and overseas include the following.

Oral candidiasis

Due to compromised immune function and a deteriorated oral condition, Candida, a type of resident fungus, abnormally increases, causing oral or tongue pain, white tongue fur adhesion, taste disorder, and other symptoms.



Upper respiratory tract infection / nasopharyngitis

Infection is usually caused by viral adhesion to the nasopharynx through the pharyngeal mucosa, causing runny nose, sneezing, nasal congestion, sore throat, and other symptoms.



Hypersensitive reaction

In rare cases, anaphylaxis (with a drop in blood pressure, difficulty breathing, etc.), atopic dermatitis, and other allergic reactions may result from treatment.



Be sure to notify your doctor if you notice any of these conditions.

Before Starting Treatment with Bimzelx[®]

Instructions during treatment with Bimzelx[®]

Day of injection

- Do not rub the injection site, and avoid stimulation.

Daily living

- To avoid infection, practice gargling, wash your hands, and keep regular hours.
- Be sure to consult your doctor before taking any vaccinations.
- Promptly consult your doctor if you hope to become pregnant and lactate.



If you suspect an adverse reaction

In addition to the most common adverse reactions mentioned on page 11, immediately consult your doctor, nurse, pharmacist, etc. if you have any of the following conditions.

- Oral pain, tongue pain or taste disorder
- Persistent cold-like condition, such as fever, coughing, runny nose, sore throat, headache, and chills
- Unusual rash (such as nettle rash) and itchiness of the skin
- Shortness of breath
- Cold sweats or palpitations
- Sluggishness
- Abdominal pain, diarrhea, mucous or bloody feces
- Loss of weight or appetite
- Anal discomfort, pain, or abscess

Instructions for Daily Living

What you can do to prevent aggravation of hidradenitis suppurativa

Lifestyle

- If you smoke, we encourage you to quit smoking as it is believed to exacerbate the condition. We recommend that you make an effort to stop smoking as doing so can prevent other diseases, as well. If you find it difficult to quit on your own, try visiting a smoking cessation clinic.
- Eating too much, poor nutrition, and lack of sleep exacerbate symptoms. Try to eat a balanced diet and get plenty of sleep to boost your immune system.
- Because hidradenitis suppurativa is considered to be related to obesity, we encourage you to review your dietary and exercise habits to make you less prone to weight gain.

Hygiene

- Try to maintain cleanliness by showering regularly, etc. You can avoid irritating the skin by using a gentle body wash or soap and washing with the palm of your hand.
- Keep your bedding clean as it is common to sweat while sleeping. Adjusting the room temperature with heating or air conditioning can also be helpful.

Clothing

- Choose clothes made of soft materials that do not irritate the skin and materials that allow good airflow and absorb moisture well.
- You can avoid irritating the skin by changing out of sweaty clothes in a timely manner.

Others

- Avoid overexerting yourself and refrain from intense exercise when your hidradenitis suppurativa symptoms are severe. Keep your skin clean by showering regularly as leaving sweat on the skin can cause irritation and promote bacterial growth, which may worsen your symptoms.
- When removing body hair, be careful to avoid irritating the skin. It is best to use an electric shaver or scissors instead of a traditional razor.